

*Gratitude
Jar*

**GRATITUDE
JAR**

What are you most grateful for?

What technology are you most grateful for?

What food are you most grateful for?

What memory in life are you most grateful for?

What item in your home are you most grateful for?

What in nature are you most grateful for?

What book are you most grateful for?

What lesson in life are you most grateful for?

What place have you travelled to that you are most grateful for?

What in your childhood are you most grateful for?

What movie are you most grateful for?

What three people are you most grateful for?

What season of the year are you most grateful for?

What rejection in life are you most grateful for?

What about your body are you most grateful for?

What band are
you most
grateful for?

What about
your job are
you most
grateful for?

What trait do
you have that
you are most
grateful for?

What splurge
item are you
most grateful
for?

What in your
daily life are
you most
grateful for?

What small
item that you
use daily are
you most
grateful for?

What memory
are you most
grateful for?

What use of
your phone are
you most
grateful for?

What about
social media
are you most
grateful for?

What in your
city are you
most grateful
for?

What meal did
you have today
that you are
most grateful
for?

What in your
country are you
most grateful
for?

What about
your home are
you most
grateful for?

What bill that
you pay are you
most grateful
for?

What
experience this
month are you
most grateful
for?

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